



**For Immediate Release**  
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[AAAGreatVacations.com](http://AAAGreatVacations.com)

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### **Travel Channel's "Man v. Food" host Adam Richman to appear at AAA Great Vacations EXPO in Columbus**

Columbus, OH – Adam Richman, daredevil host of the enormously popular Travel Channel show "Man v. Food," will appear at the 2010 AAA Great Vacations EXPO. Richman will take to the AAA Travel Stage for two special appearances on Sunday, January 24, at Noon and 3 p.m. Richman will discuss the incredible food challenges he faces on his hit TV show and his love for travelling the country. He'll sign autographs for EXPO guests following each appearance.

The AAA Great Vacations EXPO will take place January 22 through Sunday, January 24 at Franklin County Veterans Memorial in downtown Columbus. A one-stop shop for everything related to travel, the EXPO offers information, EXPO-only deals and the very best travel values on everything from cruises and European vacations, to affordable escapes that are close to home. With more than 150 exhibits, attractions and events, special attraction areas within the EXPO will include The Great Outdoors area presented by Metro Parks, AAA Travel Stage, EXPO Casino and more.

An acclaimed actor, culinary expert and TV personality, Richman is best known for hosting "Man v. Food." The native New Yorker grew up with a taste for off-the-wall dishes and a natural wanderlust. Despite his lack of "professional" culinary training, Richman honed his expertise working in all aspects of food. Driven by his larger-than-life personality, Richman scours the nation for the best local cuisine. He entertains audiences with chow challenges ranging from stuffing himself with an 11-pound pizza to gorging on a 72-ounce steak. Richman also has traveled the country acting in many regional theatre productions and has appeared in "Law and Order," "All My Children," "Joan of Arcadia" and "Guiding Light."

Richman and his crew filmed three favorite *Man v. Food* segments featuring Columbus eateries: Ohio Deli, Schmidt's Sausage Haus and The Thurman Cafe. Richman described the Ohio Deli dagwood as "a 2.5-pound cold cut beauty with a pound of fries that helped me realize the importance of developing a specific game plan when tackling the challenges." And, when asked, "What food is worth flying the redeye, wedged between two people with no concept of personal space, just to eat again?," his six-item reply included Schmidt's peanut butter cream puff.

The AAA Great Vacations EXPO opens Friday, January 22 and runs through Sunday, January 24, at the Franklin County Veterans Memorial in downtown Columbus. Show hours are Friday 2-8 p.m., Saturday 10 a.m. – 8 p.m., and Sunday 11 a.m. – 4 p.m. Tickets are available at the door or beginning December 1 at any AAA Ohio Auto Club office for \$8 or \$4 for any AAA member. Children ages 16 and under are admitted at no charge. Additional details and consumer information on the EXPO are available at [www.AAAGreatVacations.com](http://www.AAAGreatVacations.com).

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**Outstanding color art, video and interviews available. Contact Amy Weirick,  
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